

**Nurse Aide Course
King George High School
2024-2025**

Please read all the information carefully so that you may decide if you want to commit to the requirements and expectations of this program.

The Nurse Aide program includes college level courses through dual enrollment with Rappahannock Community College. This full-year program is designed to help a student learn basic knowledge and develop skills necessary to become a Nurse Aide. In addition to the Nurse Aide instruction, students will be offered dual enrollment classes that will transfer to Rappahannock Community College. Students will earn 2 high school credits and 10 college credits (NUR 27, 29, 31 and SDV 101) and will earn a career study college certificate in Nurse Aide upon successful completion of the program. These courses are not weighted. Upon completion of the course, students may sit for the Virginia Nurse Aide Registry. Upon passing, the student will be qualified as a Certified Nurse Aide.

In the classroom, students will experience a combination of workbook review, lectures, videos, and interactive discussion. Students will be involved in role playing, skills practice/review, and a multitude of hands-on activities. Students are required to complete no less than 140 hours in class, 20 hours in practicing skills and 40 hours of clinical work (working directly with patients or residents).

Strict Required Dress Code

(Developed in collaboration with RCC & Clinical Sites)

- Hair must be a natural color, up and off the collar during lab & clinical.
- Fingernails must be short with no polish.
- Name tag must be worn at all assigned times.
- Assigned scrub uniforms must be purchased and worn at all assigned times.
- White or black undershirts may be worn under scrub tops.
- Underwear must be worn with scrubs. No thong type underwear may be worn.
- Shoes & socks must be solid black, navy or solid white and have a closed toe & heel.
- NO Crocs are allowed to be worn.
- Piercings: One pair of stud earrings may be worn.
- Jewelry at minimum: class ring and watch (no bracelets or other rings).

Required Clinical hours

“Clinical hours” is defined as the amount of hours each student must complete in hands-on patient care. Rappahannock Community College requires 48 hours of clinical experiences. King George High School students will complete at least 48 clinical hours. All students will be required to participate in clinicals in order to sit for the Nurse Aide exam.

In order to complete the required hours, there may be times when students will be expected to stay after school and/or attend possible Saturday clinicals. Students may miss other classes during the second semester in order to attend field trips to local clinical sites. The dates for clinicals will be announced at the beginning of the course in August. Clinical experiences will take place at Heritage Hall or other local care facilities as VDH guidelines permit. **Attendance is critical** in the training program.

Upon satisfactory completion of all requirements of the course including at least 120 classroom hours, 20 hours of practicing skills and 40 clinical hours (minimal state requirement) and a passing grade (80%) the student will be eligible to take the state board exam for licensure.

Additional Considerations

1. Costs related to this training:
 - ❖ Students are responsible for purchasing their scrub uniforms, obtaining and paying for a drug screen (through a company designated by RCC; cost in 2021 was \$43), and a flu shot.
 - ❖ In addition, there is a class fee of \$60. This covers BLS CPR certification through the American Heart Association, monogramming of one scrub top, Nurse Aide shirt unique to this year's program and a required TB test (PPD) completed by Heritage Hall.
 - ❖ RCC tuition fee of \$150 if selected for the program.
2. A criminal background check is required prior to a student 18 years old or older giving patient care.
3. Excellent attendance and attitude are required.
4. Nurse Aide students should:
 - enjoy working with elderly.
 - be prepared to learn about personal care (such as bathing, toileting, grooming, dressing and feeding).
 - be able to track and record vital signs.
 - be prepared to adhere to strict confidentiality policy.

Thank you for your interest in pursuing a health career!

I have received the requirements and understand the commitment to be enrolled in the nurse aide program.

Student's Name _____

Student's Signature _____ Date: _____

Parent/Guardian Signature _____ Date: _____